

TAKING PERSONALITY TESTS CAN HELP US IDENTIFY THE ATTRIBUTES OF WHAT MAKE US US AND HOW THEY CAN BE USED IN OUR DAILY LIFE.

# Personality Typing

WHAT PERSONALITY TYPE ARE YOU?

## 16-Personalities

Based on the research of Carl Jung and the Myers-Briggs system, this quiz helps provide insight into how you view and interact with the world around you. You can access information about careers and relationships for free.

<https://www.16personalities.com>

## High 5 Test

Based on the research of Dr. Donald O. Clifton and the Clifton Strengths Finder Quiz. This 100 question quiz gives you your top 5 personality themes. You can pay to get additional information about what each theme means.

<https://high5test.com/>

## The Enneagram

A 9-type personality number based model rooted on ancient teachings. The model highlights strengths and areas of growth for each personality type. Finding ones personality type can be challenging at first, but once determined the information can be beneficial to growth.

<https://lesliehershberger.com/uncategorized/enneagram-typing-quiz/>